Dear Parents/Carers,

**Movie Night**
Don’t forget that this Friday evening is our Movie Night. We will be screening *Babe Pig in the City* on a big screen in the Pacific Playground. There will be Pizza’s, popcorn, soft drink and water available. Bring your beanbag and blanket and join us for a great evening. The night will go ahead rain, hail or shine. Tickets can be purchased at [http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=87829](http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=87829).

**Art Auction Volunteers Needed**
The date has now been set for our much anticipated Biennial Art Auction. Get ready to be amazed on Friday 5 September when the creative talents of our students are showcased in a night of fun and appreciation. Every class will have a collaborative masterpiece on display for parents and guests to bid for. There will also be individual art pieces available for purchase. Be prepared - the talent of our students will amaze you! Classes will soon begin the process of planning their creative masterpiece and if you are artistically inclined and would like to assist teachers and students in planning and creating their class piece please read page 6 and 7 of this newsletter to find out how you can help.

**Working Bee**
This Saturday is our Working Bee. The Woking Bee is a great opportunity to lend a hand and help with ‘sprucing up’ our school grounds. If you would like to spend an hour or two gardening, tidying *(or even shelving in the library)* drop in between 9am and 3pm. Lunch and morning tea is provided for all hard workers, however, you will need to RSVP to Val Stamper on 0416 392 021 so that she can include you in the catering numbers.

**Band Showcase**
The Senior and Intermediate bands had a great time at this year’s Band Camp and made impressive improvements as a result of this two day focus. They would now like to showcase the results of their hard work with a special concert being held next Wednesday evening. The showcase will run from 7pm -7:45pm in the Lady Hay Hall and everyone is welcome. I’m looking forward to being impressed by our students’ musical talent once again.

What’s On?

**Thursday 5 June**
*Yr 5 IMAX excursion*
*Adcom Mtg 3.15 to 4.30pm*

**Friday 6 June**
Movie night

**Saturday 7 June**
Working Bee 9am to 3pm

**Wednesday 11 June**
P&C Meeting 6.30 in the Library
*Band Showcase concert 7:00pm – 7:45pm*

**Thursday 12 June**
*Area Cross Country*
*Yr 6 CSIRO incursion*

**Friday 13 June**
Yr 2 Science incursion

**Monday 16 June**
*ICAS Writing*
*Ribbon Ceremony for Swimming & Cross Country*

**Tuesday 17 June**
*Jnr choir rehearsal*
*ICAS Spelling*

**Thursday 19 June**
School final of Multicultural Public Speaking Yrs 3-6 House
Pay Online
Don't forget you can now pay your fees and for excursions online. If you are time poor and haven't yet had a chance to pay your Term 1 and 2 fees please jump on to the school website and look for the $ Make a Payment button on the front page. It's easy! Please remember to itemise what you are paying for and please pay for each child separately.

Anyone experiencing financial difficulty should apply for confidential assistance at myra.janes@det.nsw.edu

Do you have thirty minutes spare each week?
Sometimes parents feel that they don’t have time to lend a hand at school because they assume that most jobs will be large, complex, time consuming or political. In actual fact we have lots of small jobs that parents can help with and each one requires only 30 minutes per week or fortnight. Here is a list of 30 minutes jobs that can make all the difference to the look, feel and efficiency or our school.

- Sharpening pencils in K-2 classrooms
- Sorting out lost property
- Shelving books in the library
- Gardening
- Delivering on-line uniform orders to classrooms
- Hanging up art work in classrooms and corridors
- Listening to children read
- Covering books
- Helping tin the uniform shop
- Helping in the tuckshop

If you are interested in lending a hand please email me at myra.janes@det.nsw.edu.au

Request for Donations of girls underpants
If you have any spares at your home and would like to send these into the school office we would be most appreciative.

Myra Wearne
Principal
LIBRARY NEWS

A big thank you to those parents who sent in their expression of interest form last term in response to our bilingual collection expansion plan. With a generous donation from the P & C we have recently purchased quite a few books in the following languages: Hindi, Spanish, Mandarin Chinese, French and Portuguese in response to the survey. Our multilingual collection is still expanding so next time you are in the library with your child/ren do come and check them out! Thank you P & C for your donation!

Did you know you and your child have access to our school library catalogue from the comfort of your home? All you have to do is to log on to the DEC student portal (https://student.det.nsw.edu.au/) with your student computer log in details, agree to the department of education’s conditions of use and click on School Library under the Kidspace banner to access our library enquiry menu. In the library enquiry menu you can find out the details of the books we have, a list of Premier’s Reading Challenge books that we currently stock, as well as a host of fun, interactive and educational tools for your child.

Please keep your eyes open in the library section of the Dem’s website for our forthcoming book reviews by our students!

If you have any queries please do let me know.

Happy reading!

Mrs A Bennett

RECONCILIATION WEEK

Last week students participated in some Reconciliation Week activities to celebrate and build on respectful relationships between Aboriginal and Torres Strait Island people and other Australians. Some classes discussed the history and culture of the Aboriginal people, and explored "Walk the Talk" - how Michael Long, a famous Aboriginal sportsman, walked from his home in Melbourne to Canberra 10 years ago to speak up for Aboriginal rights. The students walked around the school and paused by the Aboriginal flag in the playground, imagining how it must have been for Michael and why he felt the need to do this. Finally, they drew an Australian map, and coloured it in with the colours of the Aboriginal flag with the message "we are all equal".
In other classes, children discussed National Reconciliation Week and collected their ideas on a poster. Some classes chose to work with their buddy class to explore how conflicts can be resolved to make things better for all in the future. Teachers were impressed by the children’s thoughtful responses.

**BAND NEWS**

**Dates for your Diary**

11 June – Showcase Concert (Intermediate and Senior Band)

27 June – Junior Band Intensive Workshop

**Showcase Concert**

The Senior and Intermediate bands will showcase the progress they made at the band camp at an evening concert, to be held on **Wednesday 11 June** from 7:00pm – 7:45pm in the school hall. All students need to wear their band uniform for the concert. Please arrive by 6.45pm for set up.

**Intermediate / Senior Bands – A Message from Your Conductor**

Unfortunately rehearsal this week had to be cancelled due to school photos. This means it is more important than ever that students are practising their band pieces as many times as possible between now and the concert, including with their tutor. Intermediate Band will still have their usual rehearsal on Wednesday morning, 11 June.

The concert pieces are **Star Wars, Astron, Rock Around the Clock** and combined pieces **Fighting Falcon March** and **Roar**.

**Senior Band:** senior band will be performing **Rawhide, Korobushka & Sway** for the concert, in addition to combined pieces **Fighting Falcon March** and **Roar**.

Students should make sure they are confident with all these pieces before Wednesday’s concert. Good luck to all students with their practice this week!
Junior Band Intensive Workshop
Junior Band students will have their own “mini band camp” at an intensive workshop to be held on the last day of term, **Friday 27 June**. This workshop will commence at **8:25am** in the school hall and will run through to midday. The Intensive Workshop will take the place of the regular band rehearsal on that day.

**Junior Band folders**
All Junior Band members should have an A4 folder to keep their music sheets in order. The conductor has also asked that students bring along a pencil to each rehearsal to make notations. It may be a good idea to consider having a “band bag” to keep everything in.

**Enquiries**
Band Committee Secretary, Melissa Lanigan [MELISSA.LANIGAN@det.nsw.edu.au](mailto:MELISSA.LANIGAN@det.nsw.edu.au)

---

**Sydney University Partnership News**

**Welcome Human Movement Students!**
This week we welcome our Pre Service teachers who are completing their 3 week practicum as part of the Bachelor of Education Human Movement (PD/H/PE) program. I meet with these students earlier in the week and provided them with a formal induction to the DEM. It has been wonderful to walk through the playground and observe them enthusiastically implementing sports lessons with a number of classes during the week! The Human Movement university program focuses on teaching and learning in the areas of Personal Development, Health and Physical Education. These Pre Service teachers will be trained to teach K-12, once they have completed their university course.

**Welcome to:**
- Mr Liam McConaghy  
- Mr David Crawford  
- Ms Claudia Bouris  
- Ms Sarah Ford  
- Ms Georgia Scott  
- Mr Jo Kershaw  
- Mr David Costello  
- Mr Joshua Moloney  
- Mr Brett McFadyen  
- Ms Brydie Houlanah

**BEd Year 4**
This week we also welcome Ms Bethany Wilshire who is completing a 3 week practicum, as part of the Bachelor of Education (Primary) program. Ms Wilshire will be working with KAW during this time. It is anticipated that she will return to the DEM in term 4, to complete her Internship.

For further information regarding our partnership with the University and current research projects, please contact Amanda Vaga or refer to the school Website.

**Amanda Vaga**
Assistant Principal
[amanda.coroneos@det.nsw.edu.au](mailto:amanda.coroneos@det.nsw.edu.au)
Are you creative? Do you have some free time? If so, read on and find out how you can help our school.

This year’s Art Auction will take place in Term 3, Friday September 5th. The teacher’s need your help to develop class pieces of artwork, ready for auction. Please read the following information and if you can match the level of commitment required, we would love to have you on board!

You will need to commit to working with small groups for an 8 week period beginning Week 1 until Week 8 which is the final deadline for completion.

It is important to attend a meeting with Emily Lees in the Art Room. The meeting will commence at 3:30pm, Tuesday June 10th.

The purpose of this meeting will be to brainstorm ideas with other like-minded people and walk away ready to implement your ideas.

Liaising with the Class Teacher to share your ideas, organise materials and a timetable is next on your ‘to do’ list. You may decide to work 2 full days with your allocated class or do 2 hours per week for the 8 week duration. How you structure your timetable will be up to the time you and the Class Teacher have available.

You will be responsible for assisting the students with the artwork and preparing it for exhibition. As part of our duty of care, each parent or helper will need to sign a “Working with Children” form.

If you are interested in assisting in this exciting project and would love to share your artistic skills with us please email -
Emily Lees emily.lees@det.nsw.edu or Carmen Schnegg carmen@schnegg.name

Please include:
1. Phone contact details.
2. The class you would like to assist.
3. Please state whether you are interested in assisting a class your child may not be in.

Looking forward to working with you all. Thank you so much for your support in this valuable project. Emily Lees and Carmen Schnegg
NSDS P & C

are delighted to announce our
Biennial Art Auction
will be held on
Friday September 05 2014

Inspired by

THE GREAT GATSBY

Watch this space for more
information.
SEASONS FOR GROWTH PROGRAM 2014

Changes and loss are issues that affect all of us at some stage in our lives. At North Sydney Demonstration School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore continuing to offer a very successful education program called Seasons for Growth which will commence in Term 3.

This program is facilitated in small groups (6 students per group is the recommended number) and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision-making, effective communication and support networks.

This program is offered to students in Years 1 to 6 who are experiencing difficulty with dealing with change and loss. Please note that this program is not suitable for Kindergarten students.

Children can refer themselves or can be referred by their parents or teacher. Parents are encouraged to speak to their child’s class teacher about their concerns and the actual details relevant to the referral. Parent permission is necessary and application notes are available from your child’s class teacher and the school website. All application notes should be returned to the class teacher by Friday 20th June 2014.

North Sydney Demonstration School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

For further information on the Seasons for Growth program and its implementation or if you are interested in nominating your child to participate, please contact Amanda Vaga or visit the Good Grief website: https://www.goodgrief.org.au/children-and-young-people

amanda.coroneos@det.nsw.edu.au

Amanda Vaga
Assistant Principal
Seasons for Growth Coordinator

Relationships Australia - Talk on Separation heck with Amanda v

This will be held at KU Dem Kids Care on Tuesday 17th June at 6.00pm. All are welcome top attend. www.nsw.relationships.com.au

Ph 02 9981 9799  Address  1st Floor 651 Pittwater Road Dee Why 2099
Fax 02 9984 8042  Email northernbeachesfrc@ransw.org.au
FABStar! Features
FABStar! is an initiative to recognise positive behaviours in the playground.

Two FABStar! slips (one from K-2, one from 3-6) were drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.

This week’s 3-6 Fabstars are Harrison, Arav and Shashank in Year 3 who played a friendly and cooperative game of handball at lunchtime.

The K-2 Fabstars for this week are Ali and Cate who helped a teacher lock the school gates to make sure everyone was safe at lunch time. Thank you for being so helpful girls!
It’s so wonderful to have my active, happy, motivated and confident 10 year old boy back.

Cate Latham, Go4Fun parent

A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER AND IMPROVE THEIR SELF-ESTEEM.

Mondays
4.30pm-6.30pm. Starts 14th July

Wednesdays & Thursdays (2x per week)
4.30pm-6.30pm. Starts 16th July

Wednesdays
4.30pm-6.30pm. Starts 16th July

Tuesdays & Thursdays (2x per week)
4.00pm-6.00pm. Starts 15th July

Hornsby PCYC – Performing Arts Centre
22 Waitara Ave, Waitara

Fix Australia
319 Penshurst St, Chatswood

North Ryde RSL Youth Club
Magdala Rd, North Ryde

Pittwater Sports Centre
1525 Pittwater Rd, Nth Narrabeen

REGISTER NOW FREECALL 1800 780 900 OR GO4FUN.COM.AU
2014 New South Wales Premier's Reading Challenge

www.premiersreadingchallenge.nsw.edu.au
Advertisements do not indicate endorsement by the school

River Road Tennis Centre and Lane Cove Golf Course offers classes tailored to your kids after school on Monday, Tuesday and Thursday afternoons, with a free pick up and return to your school.

Squads and Competitions also available.

For more information please call 9428 3336 (Tennis) or 9428 1316 (Golf)

Advertisements do not indicate endorsement by the school
Advertisements do not indicate endorsement by the school

Bright Young Things Academy

The enchanting charm of learning how to do craft

In this digital age where screens often dominate playtime, we are providing a new and fun alternate after school activity that will teach your child skills that will last them a lifetime.

They will experience the lovely harmony that you feel being part of a group who together is discovering the amazing things you can make using your imagination and creativity.

All the materials we use are excellent quality - from the beautiful soft cottons, colourful ribbons and cute buttons to the divine papers and the pretty threads and yarns. The projects that your child will proudly create will be lovely - you'll be happy to have them in your home and delighted for them to be given as presents.

Attending our classes will give your child a strong sense of pride in their abilities and a satisfaction in knowing they've learned new skills. Each week they will come home with their project and we believe a desire to keep on practising their latest techniques.

Bright Young Things Academy launches in Term 3 at The Dem!

Lessons will be held straight after school in classroom 3/JW in McHatton building on Thursdays from 2.55pm to 4.00pm. It's an eight week term starting on 24 July and ending on 11 September 2014. An added bonus for parents and carers is they can avoid the fuss of the end of day pickup rush! We can collect younger children from their classroom, older children just come straight to 3/JW. Children from Kindy to Year 6 are welcome and we'll adapt the projects to meet each child's different abilities. Spaces are limited so don't delay your booking!

The Bright Young Things Academy is run by Samantha Tunbridge, whose son Ben is a Year 3 student here at the Dem and her dear friend Kate Hooke, whose son is a Year 2 student at Northbridge Public School. Both Sam and Kate teach Primary Ethics classes, through which they have passed police checks and working with children checks.

Sam and Kate are both lifelong crafters. Sam has deep knowledge and skills honed when she was a handbag and fashion designer, she just loves textiles and design. Throughout Kate's long career in social work she's specialised in helping children with varying abilities to improve their life experience. Please see our website for more information.

Introductory Term 3 2014 price is $160 per child for the term

From Term 4 the fee will revert to the normal amount of $190 per child, per term. You can pay online with Paypal or cash to Sam at school by arrangement.

If you enrol more than one child from your family, there is a 10% discount on the total cost.

If you can't attend on a Thursday but like to go on our waiting list for an alternate afternoon or Saturday morning class please let us know.

As well, we will launching Bright Young Things Party Kits in the near future. So your little guests can have a wonderful time making keepsakes to remember your special celebration.

www.brightyoungthingsacademy.com 0417 452 532

Advertisements do not indicate endorsement by the school
Advertisements do not indicate endorsement by the school

**TOP GUN** ages 10+ • **HOT SHOTS** ages 5-10

2 CAMPS: 30 JUNE – 4 JULY & 7 – 11 JULY

P 9901 3144 E lovendeuce@netspace.net.au

Book online at: www.lovendeuce.com.au

---

**brightsparksco.**

sing * dance * act

after school classes & holiday workshops

63 Porroween St, Cremorne

holiday workshops

St Hieron’s Parish, Manly Vale

Operates 6 days per week

Classes run on Mondays to Saturdays for ages 3-15yrs

call 8084 5817
e-mail info@brightsparksco.com

www.brightsparksco.com
Advertisements do not indicate endorsement by the school

Learn Music on Keyboard at
North Sydney Dem School
Enrolment for Term 2

* Music theory  * Instrument playing
* Ensemble practice  * Fun music games
* 45 mins lesson weekly, small group  * Competitive rate
* Instrument not required initially

Smart Kids LOVE Music!
Call to enrol: 9411 3122
(VIP Music est. 1984)

www.learnmusicalatschool.com.au

JUST ORTHODONTICS
Dr Justin WS Fong
3335 Hub (Sull MDBC Bap NOVI CYS Fulbe MBCHS 1111)

Bright smiles for future stars
Give your child the confidence to let their personality shine through.
We recommend children from 6yo to have an orthodontic assessment.
We give complimentary review appointments until ready for treatment.

Find us at
Suite 13, 1/31, 1 McLaren St
North Sydney, NSW 2060

Call
8095 0732

admin@justorthodontics.com.au
www.justorthodontics.com.au

Shine Music School Chatswood
760 Pacific Hwy, Chatswood
www.shinemusic.com.au

*Offer expires 31st of February 2014.

Advertisements do not indicate endorsement by the school
Advertisements do not indicate endorsement by the school

How to Cope with Dental Emergencies

Do you know what to do if you were faced with an alarming dental emergency?

What would you do if your tooth fell out, became chipped or split into half? Could you cope with a serious bite to your tongue that involved blood spurting everywhere? What if you broke your jaw or had an object seriously stuck between your gums?

The reality is most people wouldn’t have a clue how to react when faced with such instances and this unknowingness can cause them serious pain and the possibility of losing a tooth. Your best bet is to follow these tips or call us:

**Bitten tongue**
Ouch! If you accidently bit your tongue or lip, clean the area pronto with a piece of cotton or mouth wash. If swelling starts, it’s time to compress a frozen ice pack over the affected area. In more serious instances, uncontrolled bleeding can occur which means you should get to the nearest dental practice or hospital; especially if stitches are required.

**Toothache**
- If you have a toothache try rinsing your mouth thoroughly with lukewarm water, this will give temporary relief if you are having gum problems.
- Look at the site of the ache under good light and check for cuts or blood.
- Gently floss around the tooth to remove any food particles.
- Contact your dentist as soon as possible to arrange an examination.
- Never put any pain killers, including aspirin, on the gum as this can burn the gum tissue.

**Broken Jaw**
Swelling, pain, numbness in the lower lip, oral bleeding and bruises on your chin are all tell-tale signs of a broken jaw. If you feel like you have fractured or injured your jaw in some way, immediately apply a frozen ice pack against the area. This will control further swelling while you make your way to the nearest hospital. Do take pain killers if needed, but avoid aspirin which will instigate bleeding.

**Damaged tooth**
Having a broken or chipped tooth means you need to rinse your mouth out with warm, salty water to kill any germs. Be sure to avoid swallowing any broken remaining parts of your teeth. Apply a frozen ice pack on the affected area if you’re experiencing pain and contact your dentist. If you’ve cracked a tooth, it’s not as serious if it’s small. Do contact your dentist however, as an appropriate diagnosis and filling will be required to treat the cracked tooth.

At North Sydney Dental Practice we service many dental emergencies. Call us and we will talk you through it.
START A CAREER IN INTERIOR DESIGN

Sydney Design School is Australia's only school focusing exclusively on interior design and decoration.

We offer day or evening courses in:
- Certificate IV in Interior Decoration
- Diploma of Interior Design & Decoration
- Advanced Diploma of Interior Design

Study now and pay later with VET FEE-HELP

Register now for an information session
- Telephone: 61 2 9437 1902
- www.sydneydesignschool.com.au
Advertisements do not indicate endorsement by the school

Expert orthodontic treatment now available in North Sydney

No referral required. Convenient for all students in the North Sydney area.

Suite 3 Level 5, 8 West Street North Sydney (02) 9954 5144

Advertisements do not indicate endorsement by the school