Thursday 1 August – Week 4 Term 3

Dear Parents/Carers

Dr June Maker, Dr Bob Zimmerman and Mr Randall Pease supporting teachers and students in problem based learning

What an amazing opportunity the teachers of North Sydney Demonstration School had this week when we were visited by Dr June Maker, Dr Bob Zimmerman and Mr Randall Pease. Dr June Maker is world renowned in the field of education. Her publications are related to the topic areas of teacher training, the development of talents in exceptional children, teaching learning-disabled students, curriculum development for the gifted, teaching models in education of the gifted, education of gifted minority students, teaching gifted students in regular classrooms and alternative assessment of gifted students. She serves on editorial boards for journals in education of the gifted and special education, and is editor of the book series, Critical Issues in Gifted Education.

Together with Dr Bob Zimmerman and Mr Randall Pease, June visited classrooms and observed teacher practice throughout the week focusing on student engagement in problem solving. Our teachers were thrilled to receive further feedback on how we can develop the critical and creative thinking skills of our students and Dr Maker, Dr Zimmerman and Mr Pease were equally impressed with the quality of teaching at North Sydney Demonstration School.

Thank you to the P&C for helping the school in making this visit possible.

Turia Pitt

Students from Year 5 and 6 were privileged to hear Turia Pitt speak at a special assembly at North Sydney Demonstration School on Thursday. Turia’s story is one of remarkable courage and resilience.
In September 2011 while competing in a marathon through the Kimberleys, Turia was surrounded by bush fire and suffered burns to 65 per cent of her body. Doctors gave her the only slimmest chances of survival. She ended up spending 864 days in hospital, enduring more than 100 surgeries, had fingers amputated and had to learn to walk again. Not only has Turia made a breathtaking recovery, in the past six months alone she rode her bike from Sydney to Uluru, swam a 20 kilometre race in Western Australia and walked the Great Wall of China.’ (Sydney Morning Herald)

Math-a-Thon

Next Friday is Math-A-Thon test day! Good luck boys and girls as you finalise your sponsors and practice your maths.

Parents and carers, if you are available to help mark the Math-a- Thon papers on Friday August 15 at 11.00am please send an email to Carmen at carmen@schnegg.com

Morning tea will be provided Thank you.

Myra Wearne
Principal
SCHOOL NEWS

PHOTOGRAPHS

All families should now have received their single and family photographs.

Group Photographs
On display in the foyer are the group photographs taken on the day:
Band, Student Executive, House Captains, Year 6 Fun photo and Library Monitors.

To order one of these photographs collect a re-order envelope from the school office. Only cash or cheques to be placed in the envelopes. Please enter your order number on the envelope and return to the school office.

Credit card payment can be made online through the website: www.theschoolphotographer.com.au.

Costs
$14 each, 2 for $26, 3 for $36, 4 for $44 or 5 for $50. Orders over 5 photographs are $10 each. Maxi sized photos, A3 size are $20 – e.g. whole school.

Last day to return envelopes OR make online payments is Monday 1 September 2014

Lost Property

The office is holding 10 pairs of eye glasses and a variety of keys and mobile phones. If you have mislaid any of these items please check in with the office ladies. We will be recycling these objects as they have been with us since last term.

Thank you
Cynthia
BAND NEWS

Dates for your Diary

29 August – North Shore Primary Schools Concert Band Festival
- Senior Band only (to be confirmed)

10 September – Festival of the Arts (Senior and Intermediate Bands)

19 October – Crows Nest Festival Senior and Intermediate bands (to be confirmed)

Open Day Performance
The Senior Band performed beautifully at the Open Day for Public Education Week last week. Well done to all students for their performance on the day. Thanks go to conductor Danika Allars for her continued support of our two older bands.

Crows Nest Festival
The school has the opportunity again this year to participate in the Crows Nest Festival. Last year the Senior Band performed successfully at this event and students enjoyed the experience of playing in front of their local community. This year, we would like both the Senior and Intermediate bands to take part. A note has been sent home and emailed to parents requesting confirmation that your child is available to play with the band on this date. Please return the note promptly to enable a final decision to be made and the event organisers to be notified. Remember, if the majority of students aren’t able to attend the event, the whole band will miss out, so please make every effort to ensure your child can play. At this stage we do not have a definite time however, as soon as the time is known, parents will be advised.

North Shore Primary Schools Band Festival
Another excellent opportunity for the Senior Band is the North Shore Primary School’s Band Festival. This event is being held at Chatswood High School and a note has been sent home and emailed to request confirmation of students’ availability to perform. The band committee, in conjunction with Directions in Music, is keen for the Senior Band to benefit from performing at this event so we hope that the majority of students are available.

Festival of the Arts
The school’s annual Festival of the Arts will take place on September 10. A note has been sent home so please return it promptly confirming your child’s attendance. Both the Senior and Intermediate bands will play – the Junior Band is not involved due to the tight performance schedule on the night.

Enquiries
Band Committee Secretary, Melissa Lanigan MELISSA.LANIGAN@det.nsw.edu.au
LIBRARY NEWS

Just less than 3 weeks until the end of the 2014 PRC Challenge!

Congratulations to those 200 fabulous students who have already finished their challenge. What an achievement! We are all so proud of you. Don’t panic if your child isn’t quite there yet. There is still time to complete this year’s challenge.

In celebration of this year’s Book Week (Week 6) on Thursday 21 August we will be holding our annual Book Week Parade. All students and parents are invited to take part in this event. The Book Week Parade is a fun activity that is greatly enjoyed every year by the whole school, students, parents, teachers and administration staff alike.

This year the whole school community will be invited to dress up as a book character (bring the book with you if possible) or along the lines of this year’s Book Week theme “Connect to Reading”. Home-made costumes and fun/funny outfits welcome.

Parents/carers, what a great way to share this special event with your child/ren by coming along as one of your favourite book characters and take part in this year’s parade! Look forward to seeing you there! RSVP to my address below.

Mrs A Bennett (alice.bennett3@det.nsw.edu.au)
FABStar! is an initiative to recognise positive behaviours in the playground.

Two FABStar! slips (one from K-2, one from 3-6) were drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.

Josh, Yiwen, Oscar, George and Ben from Year 4 invited a kindergarten student to join in their game.

The K-2 Fabstars for this week are Mackenzie and Oskar from Year 1, who devoted their lunch time to picking up rubbish to make the playground a nice place to be. Thanks Boys!
Important Information for Parents
If your child has a YouthSaver account (whether opened through school or not) they can participate in School Banking at The Dem.

Please follow these instructions.

• Each Thursday morning send your child’s bank book with completed slip and stub (see below on how to do this) and the money you want to deposit in one of the clear bank book pockets.

• Ask your child to hand their bank book to their teacher (NOT to the office nor directly into the School Banking box). It’s important that all books come to us in special Class Banking Pouches not individually – we don’t want to lose anyone’s money!

• We will process all bank books on Thursday mornings and return them to the teachers later that day for return to your child on Thursday or Friday.

• For each deposit, we will put a silver Dollarmite token in the bank book. Please keep these tokens safe. When you have 10 tokens, you will need to return all 10 to us with a completed order from your child requesting their reward. We’ll send you a note about what to do when this happens. In return, we’ll give you a Gold Dollarmite token, which your child can keep.

• Only complete ONE deposit slip per week – we can’t process any slips from missed weeks.

• We can only include your deposit in the school banking programme if you deposit money with your bank book. We can’t process the deposit or give tokens or rewards if you deposit the money yourselves online or to the bank.

For all enquiries, please email us at dembanking@gmail.com

Unfortunately, we cannot accept applications for a YouthSaver account via weekly school banking. If you want to open an account, please do so at your local Commonwealth Bank and then you can make your deposits every week with us. Please mention The Dem and School Banking when opening your account; the school receives additional commission for each account. We will be having another banking day at the end of this term when CommBank staff will attend – you can open an account then too. Dates will be posted in the newsletter.

How to Complete Bank Slips
• Please complete the slip and stub as follows.

Please complete the stub with the total amount deposited.

It’s important to fill in the amount of money you’re depositing so that we know we have the right amount. In this example, it’s a $5 note and $1.50 in coins, so $6.50 in total.

The account number can be confusing. You don’t need to write 06 on your slip (that just means CommBank). Just write the rest of the number that’s shown on the inside front cover. Crows Nest accounts start with 2151.
K-2 Disco Night
Friday 15th August, 5 – 7pm

Get those dancing shoes ready!!

Ticket sales on the door - $5 per child (includes 1 sausage sizzle per ticket. Light refreshments, treats and GLOW STICKS also available on the night so bring some loose change (no large notes pls!))

Parents please note:
This is NOT a drop and run event – you are responsible for the children you bring & are required to stay in the school grounds.

 Helpers Required:
If you know you’re coming on the night and can help out with some small jobs (if required), please let me know.
gemmaamond@hotmail.com (1JG)

Thank you in advance. These events are only made possible from volunteer support we receive.
2014 New South Wales Premier's Reading Challenge

Starts 3 March

K-9 Students Start Reading Now!

Finishes 22 August

www.premiersreadingchallenge.nsw.edu.au
Advertisements do not indicate endorsement by the school

Tennis and Golf Coaching is available to all students for after school lessons or squads. If you haven’t received a form please collect one from the office or contact staff at River Road Tennis Centre on 9428 3336.

Kids Fancy Dress Hire:  3/50 Spit Road Mosman  9960 1934

www.kidsfancydresshire.com.au

Over 2000 costumes for Book Week (ages 3-14)

Prices from $25
Advertisements do not indicate endorsement by the school
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Martial Arts School

1 week Free trial training for students of North Sydney Demonstration School

More than just sport activities!

-Discipline
-Confidence
-Fitness
-Self Defense

Book in for your free week now!

For more information
Contact us 0401388963
info@gbcrowsnest.com.au
www.gbcrowsnest.com.au
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How to Cope with Dental Emergencies

Do you know what to do if you were faced with an alarming dental emergency?

What would you do if your tooth fell out, became chipped or split into half? Could you cope with a serious bite to your tongue that involved blood spurting everywhere? What if you broke your jaw or had an object seriously stuck between your gums?

The reality is most people wouldn’t have a clue how to react when faced with such instances and this unknowingness can cause them serious pain and the possibility of losing a tooth. Your best bet is to follow these tips or call us:

**Bitten tongue**
Ouch! If you accidentally bit your tongue or lip, clean the area pronto with a piece of cotton or mouth wash. If swelling starts, it’s time to compress a frozen ice pack over the affected area. In more serious instances, uncontrolled bleeding can occur which means you should get to the nearest dental practice or hospital; especially if stitches are required.

**Toothache**
- If you have a toothache try rinsing your mouth thoroughly with lukewarm water, this will give temporary relief if you are having gum problems.
- Look at the site of the ache under good light and check for cuts or blood.
- Gently floss around the tooth to remove any food particles.
- Contact your dentist as soon as possible to arrange an examination.
- Never put any pain killers, including aspirin, on the gum as this can burn the gum tissue.

**Broken Jaw**
Swelling, pain, numbness in the lower lip, oral bleeding and bruises on your chin are all tell-tale signs of a broken jaw. If you feel like you have fractured or injured your jaw in some way, immediately apply a frozen ice pack against the area. This will control further swelling while you make your way to the nearest hospital. Do take pain killers if needed, but avoid aspirin which will instigate bleeding.

**Damaged tooth**
Having a broken or chipped tooth means you need to rinse your mouth out with warm, salty water to kill any germs. Be sure to avoid swallowing any broken remaining parts of your teeth. Apply a frozen ice pack on the affected area if you’re experiencing pain and contact your dentist. If you’ve cracked a tooth, it’s not as serious if it’s small. Do contact your dentist however, as an appropriate diagnosis and filling will be required to treat the cracked tooth.

At North Sydney Dental Practice we service many dental emergencies. Call us and we will talk you through it.

**Opening Hours**
- Mon 8am - 6pm
- Tue 8am - 6pm
- Wed 8am - 6pm
- Thu 8am - 9pm*
- Fri 8am - 5pm

**North Sydney Dental Practice**
2nd Floor 83 Mount Street
North Sydney NSW 2060
T 02 9922 1476
E reception@nsdp.com.au
W www.northsydneydentalpractice.com.au

*Thurs 6pm-9pm by appointment
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DENTAL HEALTH MONTH
A LIFETIME OF HEALTHY SMILES
AUGUST 2014

68% of 2-5 year olds have never visited a dentist

50% of Aussie & Kiwi kids suffer from tooth decay

30% of Australians and New Zealanders admit they only brush once a day

90% of all dental disease is preventable

600,000 days lost from school due to dental related issues

HALF of 18-25 year olds haven’t visited a dentist within past 12 months

48% remember a smile on first impression than anything else

83% say that decayed teeth and bad breath are the biggest turn offs on a first date

1 MILLION lost days of work each year due to dental related issues

$2 BILLION the total direct costs and lost productivity due to poor dental health in Australia is

APPROXIMATELY 17% of adults avoid eating certain foods because of dental problems

MORE THAN 90 PERCENT of all systemic diseases have oral symptoms

53% of 65+ years have periodontal disease

HOW DOES YOUR DENTAL HEALTH COMPARE?
CONTACT OUR FRIENDLY TEAM TO ARRANGE AN APPOINTMENT TO DISCUSS YOUR DENTAL HEALTH

P 02 9922 1476 | W www.northsydneydentalpractice.com.au
Suite 201, Level 2, 83 Mount Street North Sydney

DCN INITIATIVE
www.dentalcarenetwork.com
Advertisements do not indicate endorsement by the school.
North Sydney Demonstration School is pleased to continue its Seido Juku Karate Program for Term 3, 2014
Classes start on Wednesday 16th July @ 6:00pm in the school hall

Seido Juku Karate @
North Sydney Demonstration School

What the Nth Sydney Demonstration School kids have told us:
• “I really want to get my junior black belt”
• “I liked winning a trophy at the Seido tournament”
• “I’m learning to defend myself”
• “We love the karate games”

Kid’s Karate Timetable
• Monday & Wednesday at 6pm
• Friday at 4pm and Saturday at 8am
• Passport rate includes classes at the Demonstration School & at our main dojo in Darlington up to 6 days a week

Join us for a free trial class, contact Leigh on 0411-821-531 or book a class online via our website www.seidojuku.com.au

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