Thursday 31 July – Week 3 Term 3

Dear Parents/ Carers

**Education Week Celebrations**
Thank you to the many parents who attended our Open Classrooms and Leadership Induction Ceremony last Thursday morning. It was wonderful to hear from Ana Ristic about her memories of being a student at North Sydney Demonstration School. Ana now attends North Sydney Girls High School and is an outstanding role model for our students.
Our Year Six Student Executive also impressed us with their exemplary leadership skills. These students were given the responsibility of being the Masters of Ceremony (MC) for the entire Leadership Induction and Open Day Ceremony including the delivery of their own speeches about Public Education. What amazing students they are! Thank you to everyone who stayed on to visit classrooms. The children and teachers loved having you with them for the morning. Finally thank you to our teachers for opening up their rooms and warmly welcoming all our visitors.

**Road Safety**
I am becoming increasingly concerned about pedestrian safety around the school. This term I have received two calls from the general public concerned about our students and road safety. One call described a five or six years old student running down Pacific Highway on the way to school with her parent approximately 100 metres behind. The student was seen running across a cross street eagerly focused on getting to school but with no close adult supervision. All children under 10 years of age should still be holding the hand of an adult when crossing the road and should always be within arms length of an adult when walking to school. Please help us in our efforts to ensure our children arrive and leave school safely. Road safety lessons were conducted last term in class but supervision and timely reminders will all help to keep our children safe.
The second phone call from the general public was regarding two boys playing ball at a bus stop near Milsons Point while waiting for their bus to arrive in the morning. The ball went into the traffic and one student ran out to get it causing traffic to stop. I have spoken to the boys in question but please reinforce the message that no ball games should be played near roads at any time.
Thank you for your help with this important issue.
**Math-A-Thon**
Please encourage your child to keep practicing their maths leading up to the Math-A-Thon test on Friday 15th August. This fun and productive fundraiser will support the school in the purchase of additional resources.

**Art Auction**
Our artists are busy creating their class masterpieces in preparation for our Biennial Art Auction on September 5th. Helpers with RSA certification are still urgently required as are any artistic parents who are happy to help teachers and students with their art works. If you can help with either of these roles please email me at myra.janes@det.nsw.edu.au or contact Carmen Schnegg on 0416 334 175 or at carmen@schnegg.name

**Dr June Maker, Dr Bob Zimmerman and Mr Randall Pease visiting**
We are excitedly awaiting the arrival of Dr June Maker, Dr Bob Zimmerman and Mr Randal Pease from Arizona University who arrive this week to provide their support and expertise in the school's implementation of the Real Engagement in Active Problem Solving model (REAPS). These world renowned experts will be helping us as teach your children the critical and creative thinking skills and problem solving processes that will ensure they have everything they need to solve problems and maximise opportunities.

**Spanish classes**
Just a reminder to those parents who expressed an interest in their children learning Spanish after school, classes are ready to start. If you are interested in finding out more please contact carolina.posadas@inspanish.com.au
Please note that like all after school activities these lessons are provided by external providers and not by the school.

Myra Wearne
Principal
Mathletics News!

Well done to the following students who have mastered the highest number of activities in the school!

* Great Huang has mastered 139 activities
* Eve Miles has mastered 117 activities
* Connor Warner has mastered 111 activities

To master an activity, students must achieve a score equal to or greater than 85%. These results reflect student achievements up until 8 June 2014.

Junior Choir News

Congratulations to Mila (4CP) for winning a solo guitarist role in the Ryde School Spectacular.

At the last junior choir rehearsal, Mila got up in front of 100s of students and teachers and played an unfamiliar guitar piece.

She was chosen out of many participants. She is the first student at the DEM to have ever to win a solo role in the Ryde School Spectacular.

We are so proud and can't wait to see her perform in front of 1000s of people at the Opera House in October. Well done Mila!

Louise Farag
Junior Choir Teacher

Lost Property

An NSDS parent has reported to the office that her child’s jumper has disappeared even though it is named. She feels that maybe another child has accidentally picked up this article and asks if parents would check their child’s uniforms to see if they are wearing the correct one.

Thank you
FABStar! Features

FABStar! is an initiative to recognise positive behaviours in the playground.

Two FABStar! slips (one from K-2, one from 3-6) were drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.

The 3-6 FABstars this week are Lex and Nova in Year 5 helped retie the flags onto the flagpole after they became untied.

TheDem Community News

*Printing of articles does not indicate endorsement by the school*
Important Information for Parents

If your child has a YouthSaver account (whether opened through school or not) they can participate in School Banking at The Dem. Please follow these instructions.

• Each Thursday morning send your child’s bank book with completed slip and stub (see below on how to do this) and the money you want to deposit in one of the clear bank book pockets.
• Ask your child to hand their bank book to their teacher (NOT to the office nor directly into the School Banking box). It’s important that all books come to us in special Class Banking Pouches not individually – we don’t want to lose anyone’s money!
• We will process all bank books on Thursday mornings and return them to the teachers later that day for return to your child on Thursday or Friday.
• For each deposit, we will put a silver Dollarmite token in the bank book. Please keep these tokens safe. When you have 10 tokens, you will need to return all 10 to us with a completed order from your child requesting their reward. We’ll send you a note about what to do when this happens. In return, we’ll give you a Gold Dollarmite token, which your child can keep.
• Only complete ONE deposit slip per week – we can’t process any slips from missed weeks.
• We can only include your deposit in the school banking programme if you deposit money with your bank book. We can’t process the deposit or give tokens or rewards if you deposit the money yourselves online or to the bank.

For all enquiries, please email us at dembanking@gmail.com

Unfortunately, we cannot accept applications for a YouthSaver account via weekly school banking. If you want to open an account, please do so at your local Commonwealth Bank and then you can make your deposits every week with us. Please mention The Dem and School Banking when opening your account; the school receives additional commission for each account. We will be having another banking day at the end of this term when CommBank staff will attend – you can open an account then too. Dates will be posted in the newsletter.

How to Complete Bank Slips
• Please complete the slip and stub as follows.

Please complete the stub with the total amount deposited.

The account number can be confusing. You don’t need to write 06 on your slip (that just means CommBank). Just write the rest of the number that’s shown on the inside front cover. Crows Nest accounts start with 2151.

It’s important to fill in the amount of money you’re depositing so that we know we have the right amount. In this example, it’s a $5 note and $1.50 in coins, so $6.50 in total.

The first time you make a deposit, we will allocate a student number to your account and write it on the inside front cover for you. Please write this on your slip each week thereafter.
2014 NEW SOUTH WALES PREMIER'S READING CHALLENGE
www.premiersreadingchallenge.nsw.edu.au
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Learn Music on Keyboard at
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Enrolment for Term 3

* Music theory
* Ensemble practice
* 45 mins lesson weekly, small group
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Smart Kids LOVE Music!
Call to enrol: 9411 3122
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More Information
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sydneyrnshore@helenogrady.com.au
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How to Cope with Dental Emergencies

Do you know what to do if you were faced with an alarming dental emergency?

What would you do if your tooth fell out, became chipped or split into half? Could you cope with a serious bite to your tongue that involved blood spurting everywhere? What if you broke your jaw or had an object seriously stuck between your gums?

The reality is most people wouldn’t have a clue how to react when faced with such instances and this unknowingness can cause them serious pain and the possibility of losing a tooth. Your best bet is to follow these tips or call us:

Bitten tongue
Ouch! If you accidentally bit your tongue or lip, clean the area pronto with a piece of cotton or mouth wash. If swelling starts, it’s time to compress a frozen ice pack over the affected area. In more serious instances, uncontrolled bleeding can occur which means you should get to the nearest dental practice or hospital; especially if stitches are required.

Toothache
- If you have a toothache try rinsing your mouth thoroughly with lukewarm water, this will give temporary relief if you are having gum problems.
- Look at the site of the ache under good light and check for cuts or blood.
- Gently floss around the tooth to remove any food particles.
- Contact your dentist as soon as possible to arrange an examination.
- Never put any pain killers, including aspirin, on the gum as this can burn the gum tissue.

Broken Jaw
Swelling, pain, numbness in the lower lip, oral bleeding and bruises on your chin are all tell-tale signs of a broken jaw. If you feel like you have fractured or injured your jaw in some way, immediately apply a frozen ice pack against the area. This will control further swelling while you make your way to the nearest hospital. Do take pain killers if needed, but avoid aspirin which will instigate bleeding.

Damaged tooth
Having a broken or chipped tooth means you need to rinse your mouth out with warm, salty water to kill any germs. Be sure to avoid swallowing any broken remaining parts of your teeth. Apply a frozen ice pack on the affected area if you’re experiencing pain and contact your dentist. If you’ve cracked a tooth, it’s not as serious if it’s small. Do contact your dentist however, as an appropriate diagnosis and filling will be required to treat the cracked tooth.

At North Sydney Dental Practice we service many dental emergencies. Call us and we will talk you through it.

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**Tennis and Golf Coaching** is available to all students for after school lessons or squads. If you haven’t received a form please collect one from the office or contact staff at River Road Tennis Centre on 9428 3336.

**Kids Fancy Dress Hire:** 3/50 Spit Road Mosman 9960 1934


Over 2000 costumes for Book Week (ages 3-14)

Prices from $25
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North Sydney Demonstration School is pleased to continue its Seido Juku Karate Program for Term 3, 2014
Classes start on Wednesday 16th July @ 6:00pm in the school hall

Seido Juku Karate @
North Sydney Demonstration School

What the Nth Sydney Demonstration School kids have told us:
• “I really want to get my junior black belt”
• “I liked winning a trophy at the Seido tournament”
• “I’m learning to defend myself”
• “We love the karate games”

Kid’s Karate Timetable
• Monday & Wednesday at 6pm
• Friday at 4pm and Saturday at 8am
• Passport rate includes classes at the Demonstration School & at our main dojo in Darlington up to 6 days a week

Join us for a free trial class, contact Leigh on 0411-821-531 or book a class online via our website www.seidojuku.com.au