Dear Parents / Carers

Congratulations School Leaders

Congratulations to our new student leaders for Semester One and for 2015. At our Leadership Induction Ceremony yesterday, students were presented with their badges and were wished the best of luck in their efforts to work collaboratively and creatively towards a better future for our school. It was lovely to see that so many parents were able to attend and help us celebrate student leadership at the DEM.

For new parents who may not be familiar with our leadership opportunities, here are a few facts you may be interested in.

- Leadership roles in Years 1-5 are held for one semester. These roles include Student Council Representative and Eco Ambassador.
- Kindergarten representatives are elected in Semester Two.
- All leaders in K-5 are elected solely by their class peers.
- Leadership Roles in Year 6 are held for the entire academic year. Students nominated for these positions must have completed the 10 week Leadership Course which is held during Term Four of the previous year. These senior school leadership positions are filled through a balance of student and teacher votes.

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Introducing our 2015 Student Executive

Zone Swimming Carnival

Congratulations to the following students who will be representing North Sydney Demonstration School at the Zone Swimming Carnival. Good luck everyone!


Congratulations School Leaders

Our Welcome Festival is almost here! We have plenty of entertainment planned and it promises to be a wonderful night for both parents and students. We do need help both before, during and after the event. If you can help in any way (big or small) please to go the volunteers spot advertised on page 5 and register your ability to help. Thank you

Myra Wearne, Principal
SCHOOL NEWS

FABStar! is an initiative to recognise positive behaviours in the playground.

Two FABStar! slips were drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.

The K-2 Fabstar for this week is Evie from Year 2. Evie sensibly reminded some other students not to play on the equipment unless teachers are on duty. Thank you Evie for being so responsible.

DONATIONS for SCHOOL RAFFLE

Do you have a business that loves supporting the local community ??? We are currently accepting donations for our 2015 Welcome Festival Raffle and would love to see your business involved. Please contact our raffle co-ordinator Carmen at thedempc@gmail.com or 0416 334 175 as soon as possible. Thank you for your support.
Celebrate Harmony Day at the Dem on Friday 20th March 2015

The 2015 Harmony Day theme of ‘Everyone Belongs’ is being celebrated at our school through traditional clothing, storytelling, cultural performances, art, craft and music.

We celebrate the vibrant cultures, races and religions that make up Australian society. It is a day of cultural respect for everyone who calls Australia home.

We will be celebrating in the classrooms and as a whole school. Look out for the multicultural flags in the school playground! Wonderful stories from all over the world will feature in the library.

On Harmony Day, students may come to school dressed in their national dress or that of another culture.

Everyone Belongs – at the Dem. Visit our Harmony Day blog

The Harmony Day blog can now be accessed through the student portal. Please let us know about your family background or tell us interesting facts or ideas that you have learnt about during Harmony Day. Also, email us your favourite traditional tale from your culture and we can add them as links on the blog. Students and families from all classes can then read them.

Library News

Congratulations to the following students who have been selected as this year’s library monitors:

Amy W   Yuko T   Jessica S L
Deeva K   Lizzie J   Charlotte M
Alessia G   Amber A   Kairui W
Lina Z   Issac H   Thomas R
Jason H

Would your child like to be part of the Dem’s first student newsletter team? We are looking for a group of dedicated young aspiring journalists, photographers and illustrators to join our library monitors to establish a student newsletter by students for students. If your child is interested please let me know.

Alice Bennett
(alice.bennett3@det.nsw.edu.au)
Welcome Festival
Friday 20th March
4.30pm - 9.00pm

You are invited to a fun filled & social evening for the whole family as we celebrate the new school year this harmony day with multicultural food & activities.

Once again there will be the kids favourite hair raising rides along with the 'Haven' tamer rides on the soccer pitch for the littlies.

Pre-Purchase your Rides Passes before 4pm Wednesday 18th March & save time & money

Awesome Rides
Online at www.trybooking.com/125034

You can collect your pre-purchased rides passes from the Ride & Raffle stand after 2.30pm on Friday 20th March.

All Rides - All Night Adventurous Rides for kids of all ages - $25 online / $30 on the night
Haven Rides Only - All Night Tamer Rides - $12 online / $15 on the night

$5 single rides pass, $30 All Rides & $15 Haven Rides passes will be available on the night from the Rides & Raffle Stand

Fantastic Prizes to be Won!
You will receive a book of 10 x $2 raffle tickets. We thank you in advance & urge you, your family & friends to support this fundraising event. Remember you have to be in it to win it!

Please return all money raised in an envelope with your child's name & class on it to their teacher by Wednesday 18th March.

The raffle will be drawn at the festival on the McHatton steps at 7.30pm. Extra raffle tickets can be purchased from the Ride & Raffle stand.
Our festivals are only made possible by those who share their time. We would be truly grateful if you could spare 30 minutes or more to help set-up & decorate the festival, work on a food stall or help the team at the end of the night with packing up.

Pitch in with some friends or meet some new faces within our school community. It is easy to sign up for a task at volunteer spot.

vols.pt/Wn5HdY  (This URL is Case Sensitive)

If you or your business can help by donating a prize for our raffle please contact Carmen at thedempc@gmail.com as soon as possible. Thank you kindly for your generosity.

Perhaps you would like to bake or buy a treat for our scrumptious sweet treats stall. We need plenty of Slices, Cupcakes, Cookies, Muffins & Whole Cakes

ALL NUT FREE PLEASE

On Monday 16th March cake boxes will be given out in class to children who volunteer to donate a treat for the festival. If you do not receive a box & would like one, extra boxes will be at the stay & play table each afternoon during the week of the festival.

Multicultural Delights including Indian Butter Chicken, Vegetarian Dhal & Samosa. Chinese Fried Rice & Spring Rolls, Japanese Sushi, Two Sizzling Sausage BBQ’s, PLUS Pizza, Icecreams, 'soft' drinks, popcorn and fairy floss from the tuckshop.

Donate a Prize

Bake Sweet Treats

Food Feast

Disco

Henna Tattoos
SCHOOL BANKING

We Need You To Join Our Crew

Our students are enjoying participating in the The Dem’s Commonwealth Bank School Banking programme and are learning invaluable saving skills along the way. The number of students joining the programme is growing each week, which is fantastic - but we need some extra help from you to help keep it running smoothly.

We have a small team of parent volunteers who run the programme but not everyone can make it every week so we'd like a few more volunteers to join the team. School banking is every Thursday. We meet at 9:10am after the teachers have collected the bank wallets and are usually finished by 11am. You don't have to commit to every week but having a wider team of volunteers to call on would help to ensure that the responsibility of keeping the programme running doesn't fall on just a few people.

Please contact us by email at thedembanking@gmail.com if you'd like to volunteer some time to help run and grow the school banking programme at The Dem.

Blast off to Disneyland with School Banking

The School Banking program can help put your child on the path to good savings habits. And, in a first for School Banking, it might even put them on a path to Disneyland.

School Banking Grand Prize

-Return economy airfares to Los Angeles, California from Sydney, Melbourne, or Brisbane. In the event the winner resides outside of these cities, return domestic airfares will also be provided.

-Five nights accommodation at Disney's Paradise Pier Hotel

-Return private airport to hotel transfers

-A three day Theme Park Hopper ticket (includes same day admission to both Disneyland Park and California Adventure Park)

-A Disney Family Breakfast Dining Experience

-A USD$2,000 spending money

Every student who makes 25 or more School Banking deposits during 2015 will automatically go into the draw to win a trip to California’s Disneyland for up to two adults and two children.
High School Open Days

**Mosman High School**
Thursday 5 March 5 – 8 pm
Military Road Mosman. Ph 9968 1006

*Mosman High School Special Programs*
Special Drama Program, Academic Extension, Special Music Program
Special visual Art Program – closing date for applications 12 March 2015
Application forms for these courses are held at the school office.

**Willoughby Girls High School**
Wednesday 11 March 5.00 to 7.30pm
Mowbray Road Willoughby. Ph 9958 4141

*Extension Class Placement test for year 7 2016*
Saturday 14 March 2015
9.15 – 11.30 am. To book call a test place call 9958 4141

**Hunters Hill High School**
*Gifted and Talented selection test for yrs 7 & 8*
Saturday 21 March, 9/30am in School Hall
Reserve place by Thursday 12 March
Phone: 9817 4565
Email huntershd-h.school@det.nsw.edu.au

**NSW Roads & Maritime Services**
The Senior State-wide SCS program manager is currently looking for persons to fill School Crossing Supervisor positions in our area.

The School Crossing Supervisor is responsible for providing controlled school crossing services, at designated school sites, to contribute to improved safety of people on NSW roads.

If you are interested in fulfilling this position please call the School Crossing Supervisor Program on 1300 728 543.

Thank you
Kelly KLinigen
Program Manager
I am very excited to announce that there will be the *Living in Australia* course run for parents/carers at school.

**Dates:** Monday 9th, 16th and 23rd March 2015  
**Location:** Staff Room  
**Time:** 9:15 -10.45 am

Parents/grandparents will be provided information related to the EAL/D (*English as Additional Language and Dialect*) and support services that are available in and out of North Sydney Demonstration School. If you also concern about scamming, issues related to your rental property and cross cultural parenting, please come and join us.

If you have any questions, please feel free to contact **Isabella Kim** on **Mondays** or email **tae.kim70@det.nsw.edu.au**.

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**PLEASE COMPLETE THE FORM BELOW AND HAND IT TO THE SCHOOL OFFICE**

**LIVING IN AUSTRALIA COURSE**

☐ I would like to join in the course  
Child’s Name: ____________________________  Child’s Class ____________________________  
Parent’s Name: ____________________________  Contact Number ____________________________  
Do you need an interpreter? Yes/No  If yes, what language? ____________________________
HELPING YOUR PRESCHOOL CHILD WITH ANXIETY

A SERIES OF 2 WORKSHOPS FOR PARENTS

Session 1:
- What is anxiety?
- What are the symptoms, impacts and causes of anxiety?
- Ways to overcome anxiety
- Things to work on

Session 2:
- What has/hasn’t worked and why?
- Traps to avoid
- Different types of anxiety
- Where to seek help

VENUE: Community Health Centre, 57 Hercules St, Chatswood
DATES: Tuesday 21st April AND Tuesday 5th May
(participants must attend both sessions)
TIME: 7.00pm – 9.30p.m.
COST: $60pp for the 2 sessions
“SPECIAL INTRODUCTORY PRICE”

For all enquiries and bookings, please phone: 9887 5830
These workshops will be run by an experienced parent educator.

CHILD AND ADOLESCENT PARENTING

Cammeraygal High School is a proud local public school that teaches empowerment through the achievement of all-round excellence. Our teaching staff are highly committed, and nurture the learning and wellbeing needs of every student, fostering values of respect, responsibility and integrity. As our motto suggests, Cammeraygal High School has the determination of purpose to prepare our students to be ‘empowered to achieve’.

CONTACT US:
Phone: (02) 9954 7100
Email: cammeraygal-h.school@det.nsw.edu.au
Address: 192 Pacific Highway, Crows Nest NSW 2065
Advertisements do not indicate endorsement by the school

Australian Sports Camps
New South Wales
Camp Programs

Australian Sports Camps is excited to offer eight camp programs in AFL, Rugby Union, Rugby League, Hockey, Netball and Basketball in New South Wales this April.

The Stars program delivers coaching for players of all standards aged 6 to 12 while our Senior program provides advanced coaching sessions for players aged 13 to 17 from 9am-3pm each day.

April Wed 8, Thurs 9, Fri 10—University of NSW Playing Fields, Daceyville / Sydney Boys HS, Moore Park

AFL Football, Rugby Union, Rugby League, Hockey (all UNSW) and Netball (Sydney BHS)

April Tues 14, Wed 15, Thurs 16—St Joseph’s College, Hunters Hill

AFL Football, Rugby Union and Basketball

For more information, including bookings and other camp locations, get in contact

FREE CALL: 1300 914 368 or book online:
australiasportscamps.com.au

During Semester One, River Road Tennis will be running tennis lessons for your school as well as all the ANZ HOTSHOTS Squad Programs.

For more information call our proshop on 9428 3336 or visit
www.riverroadtenniscentre.com.au

Advertisements do not indicate endorsement by the school
COOKING WITH THERMOMIX

Lemons make Lemonade

Have you noticed how soft drinks and pre-made drinks are part of contemporary diets today? A time when lemon was a homemade drink seems long ago and somewhat nostalgic.

I made lemonade at a Thermomix cooking class this week and was reminded how simple and easy it is to make a refreshing drink. The recipe used lemons, sugar and water and took about two seconds.

There was no additives or preservatives and I was using real fruit. Simple, delicious and nutritious.

I would love you to join me and see Thermomix at a demonstration. In less than two hours, we will experience the versatility of Thermomix as we see and taste five dishes ranging from entree through to dessert.

For more information on how you can book your demonstration and experience the Thermomix, please contact me. To find out more visit thermomix.com.au

My Thermomix

Take a look at what the Thermomix can do...

- Beat
- Stir
- Emulsify
- Knead
- Steam
- Melt
- Whip
- Mill
- Cook
- Weigh
- Digital recipes

A great range of innovative cookbooks is also available.

Your Local Thermomix Consultant:

If you would like to see the Thermomix in action at a demonstration or class, contact Kate Were:

Mobile: 0438 013 386       Email: k_were@optusnet.com.au

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Established dance school at the Dem for students Yrs K-6!

Enrol your children for dance classes run by CentreStage Academy in the Dem school hall

Tuesdays (starting Tues 3 Feb 2015) | Wednesdays (starting Wed 4 Feb 2015)
-----------------------------------------|------------------------------------------------------
3pm-4pm | Jazz (Kindy & Yr 1) | 3:00pm-3:45pm | Tap (Yrs 2-4)
4pm-4:45pm | Tap (Yrs 5-6) | 3:45pm-4:45pm | Jazz (Yrs 2-4)
4:45pm-5:45pm | Jazz (Yrs 5-6) | 4:45pm-5:30pm | Hip Hop (Yrs 2-4)
5:45pm-6:45pm | Hip Hop (Yrs 5-6) | | |

FREE TRIAL CLASSES AVAILABLE 1st WEEK OF FEBRUARY 2015
Students can be dropped off/picked up from Demcare from 3:45pm onward

Celebrating 8 years of quality dance tuition at North Sydney Dem. Classes are aimed at building strong dance technique & culminate in a spectacular end-of-year concert

ENROLLING NOW for 2015
Phone Helena: 1300 322 243 or 0404 118 267 Email: info@centrestageacademy.com.au
www.centrestageacademy.com.au

who: any child ages 6-10 years
when: 13th and 14th April 2015
where: 1st North Sydney Scout Hall
      1 Munro St, McMahon’s Point, NSW 2060

time: 9:00-3:00 each day
price: $120 per day

We are passionate about supporting children to learn valuable skills whilst having fun!

For bookings and more information, please contact us on:

Sarah Peterson | 0429 462 665
sarah@colourfulminds.com.au

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North Shore Music Academy offers fun and rewarding violin and cello lessons for avid young musicians.

Studios are based close to North Sydney Demonstration School and our highly qualified teachers will tailor lessons to suit each student’s specific interests.

Check out our website for more details:

musiclessonsydney.com.au

Or contact us to organise a free trial lesson

ALICE (Violin): 0403 991 817
CAROLINE (Cello): 0411 467 830
EMAIL: info@musiclessonsydney.com.au

NSMA
NORTH SHORE MUSIC ACADEMY

Just Orthodontics
Dr Justin WS Fong
BDS Hon (Syd); MDS (Syd); MOrth RCS (Edin); MRACDS (Ortho)

Ensure your smile for the future

Located opposite North Sydney Demonstration School. We provide specialist orthodontic care for patients of all ages. Our aim is to exceed your expectations in delivering the best smile with the highest quality care.

Find us at
Suite 13, No. 1 McLaren Street, North Sydney, NSW 2060

Call 8095 0732

www.justorthodontics.com.au

Clement Art School

Established children's art school since 1993

www.clementart.com.au

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Call 96879978 to book in your FREE LESSON!

Using advanced teaching methods for better results!
AMEB Exams available in May and November

Enrol Now!

Instrument Hire available:
Singing | Saxophone | Piano | Guitar
Drums | Flute | Clarinet | Violin

Shine Music School Chatswood
765 Pacific Hwy, Chatswood
www.shinemusic.com.au

* Offer expires 28th of February 2015

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